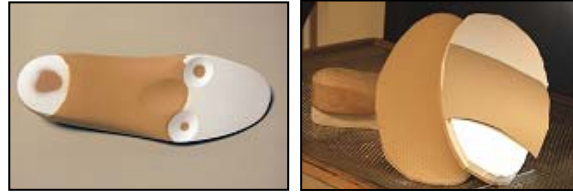


# Inserts, long-soled

**Diagnosis:** Flat/splay foot

**Body weight:** approx. 90 kg



## Material used:

(Structure from foot to bottom)

Material	Layer	Function	Colour	Strength
nora® Lunairmed perf.	Covering	bedding	07 skin-coloured	3 mm
nora® Lunatec combi 1	Cushion (Lunalastik)	permanently resilient	07 skin-coloured	6 mm
	Stabilisation (Lunasoft AL)	stabilising	09 white	8mm
nora® Lunacell	Stabilisation	stabilising	07 skin-coloured	1.5 mm

## Production:

1.



**Note that the surface of the last must be smooth.**

**Hint:** In case of minor inequalities, apply a specimen shoe sheeting. This guarantees a smoother top layer and facilitates better slipping on of the shoe for your patient.

2.



Activation of nora® Lunatec combi 1 in a closed heat source.

**Setting of oven:** 130°–150°C

**Heating:** approx. 6 min.

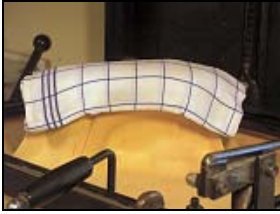
3.



Forming of nora® Lunatec Combi 1 on the last in Vakutherm.

**Hint:** Forming in the retrocapital areas is facilitated by applying a pad.

4.



Cooling in Vakutherm.

**Cooling: approx. 12 min.**

5.



Grinding to shape at the grinding machine.

6.



Pasting on of the covering **nora**<sup>®</sup> Lunairmed perforated.

**Hint:** apply the adhesive as thinly as possible on perforated materials.

7.



Coating and brief activation (max. approx. 1 minute) of **nora**<sup>®</sup> Lunacell to stabilise.

8.



Forming of **nora**<sup>®</sup> Lunacell in Vakutherm.

9.



Fitting the stabilisation to the insert.

10.



Mark and grind the relief zones in the area MTK 2+5.